CURRENTLY: CNCC employees have returned to 100% work from our campuses. Those employees in a vulnerable category for COVID-19, or with special considerations, can work with their supervisor and HR to extend remote work. CNCC flextime allowances and pre-pandemic HR policies around remote work will be updated and will remain in place. CNCC complies with all state or local health orders or guidance that may impact employee’s ability to work at campus. CNCC’s Up to Date Information as Changes Occur: https://cncc.edu/covid-19-updates

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COVID Vaccinations:
- As we have consistently done over the past many months, CNCC does not require you to have the COVID-19 vaccination; however, we continue to strongly recommend that all members of the college community receive a COVID-19 vaccine and to practice appropriate social distancing. These strategies have resulted in very low cases of COVID-19 on our campuses and among our employees.
- Similar to hosting flu shot clinics and health fairs, the college will make every effort to promote the COVID-19 vaccine this Fall, make it readily available to residents of our mountain communities, and strive for broad based immunization among our campus populations.
- In cooperation with Moffat and Rio Blanco County Health Departments, CNCC has arranged the following Fall 21 COVID-19 Vaccine Clinics:
  - CRAIG CAMPUS: August 21st
  - RANGELY CAMPUS: August 21st and 22nd
- COVID vaccine sign up link Click here

General Precautions:
- Masks Policy
  - CNCC does not plan to require masks or face coverings for the Fall 2021 Semester.
  - CNCC complies with state and local requirements. Please check back for updates as requirements change from time to time.
  - Please feel free to wear face coverings or masks at your discretion.
  - How to properly use, take off, and wash cloth face coverings
- Social Distancing Required
  - While not a requirement, social distancing is recommended.
  - Where possible stay 6 ft. from each other
- Practice Good Hygiene
  - Wash hands with soap, refrain from touching your face, and sanitize commonly touched surfaces
- Disinfecting wipe/hand sanitizer stations
  - Placed at entrances to buildings
  - Recommended to have each in offices
- Increased Sanitization
- Plexiglass Barriers
  - CNCC Purchased Plexiglas Barriers for high traffic or high-risk offices.
  - These plexiglass barriers will remain in place.
- Limited Group Sizes
  - Size of gatherings are determined in conjunction with state and local COVID requirements.
  - CNCC complies with these requirements.

What do I do if I have symptoms related to COVID-19? Whom to contact?
- Employees (staff, faculty, admin, adjuncts, etc.)
  - If you have questions or concerns, please contact Angie Miller, Director of HR 970-675-3235
  - If you are not feeling well, please contact Angie Miller, Director of HR 970-675-3235
  - Take the CNCC COVID Questionnaire
  - Benefit questions or other COVID related questions please contact Angie Miller, Director of HR 970-675-3235
  - If a student comes to you with concerns
    - Hear the concern – Email David Hardman or Fill out Incident Report
    - Tell student next steps
      - If symptomatic or concerned with COVID – Tell student to immediately self isolate
Students: Steps if you are not feeling 100%

1. Take the **CNCC COVID Questionnaire** – This will help us determine your next steps.
2. Contact Campus Life – **Jen Rea** (970-675 3229) or **David Hardman**
   a. If unable to reach Campus Life, contact your RA through the On-Call Phone or call (1-800-562-1105).
3. **Self-Isolate** until Campus Life provides further direction
   a. Remain in your room, house, or apartment. Do not come to class; go to team practice or the cafeteria. Avoid people and high traffic areas.
   b. Campus Life will coordinate with food services, student services and faculty concerning your needs.
      Do the following: Wear a mask - practice good hygiene - sanitize and disinfect, drink plenty of fluids and eat healthy, and get plenty of rest.

### Resources and Other Information

CNCC’s Up to Date Information as Changes Occur: [https://cncc.edu/covid-19-updates](https://cncc.edu/covid-19-updates)

**Symptoms** may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

<table>
<thead>
<tr>
<th>Fever or chills</th>
<th>Cough</th>
<th>Short of breath/difficulty breathing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fatigue</td>
<td>Muscle or body aches</td>
<td>Headache</td>
</tr>
<tr>
<td>New loss of taste or smell</td>
<td>Sore throat</td>
<td>Congestion or runny nose</td>
</tr>
<tr>
<td>Nausea or vomiting</td>
<td>Diarrhea</td>
<td>Blush lips or face</td>
</tr>
<tr>
<td>Trouble breathing</td>
<td>Loss of Appetite or food not tasting good</td>
<td>New confusion</td>
</tr>
<tr>
<td>Persistent pain/pressure in the chest</td>
<td>Inability to wake or stay awake</td>
<td></td>
</tr>
</tbody>
</table>

**Isolation vs Quarantine:** While similar, these two terms have some key differences. The main goal of both is to avoid spreading COVID to others.

**Isolation:** Isolation separates sick people with a contagious disease from people who are not sick. This is normally precaution, will be implemented if students display symptoms of COVID 19, and will remain in place until the symptoms are no longer present or until advised differently by a licensed medical professional. Isolation is precautionary term for people who are not feeling well but do not know if they have COVID. In case they do have COVID, by isolating, they are preventing the spread to others unknowingly.

**Quarantine:** Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. This is used for students who have been tested and are awaiting results or for students who receive a Positive Test Result. Quarantine also prevents the spread of COVID-19, but is a term used for people who more likely than not have COVID, have gone in for COVID testing or have had a positive COVID-19 test result.

### Safe Locations and Case Tracking

**Rio Blanco County (Rangely)** [https://www.rbc.us/606/COVID-19-Updates](https://www.rbc.us/606/COVID-19-Updates)


**CNCC:** Please visit COVID Updates

**CDC:** For the latest on the Coronavirus, visit [www.cdc.gov](http://www.cdc.gov) and [www.colorado.gov/cdphe/2019-novel-coronavirus](http://www.colorado.gov/cdphe/2019-novel-coronavirus)